

**Hypoglycemia (Low Blood Sugar) less than
70 mg/dL on meter.**

Officer Observed Signs/Symptoms Include:

Shaky	Blurry Vision
Nervous or Upset	Fast Heartbeat
Sweaty	Hungry
Dizzy or Confused	Headache
Anxious	Weak or Tired (Sleepy)

If possible, have person to do blood sugar check.

Treatment (Choose One)

3 to 4 glucose tablets
3 to 5 hard candies (chewed quickly)
4 ounces of fruit juice
½ can (6 ounces) regular soda pop
7 Life Savers (chewed quickly)

Wait 15 minutes and recheck blood sugar, if still below 70 mg/dL treat again.

**Hyperglycemic Event (Diabetic Ketoacidosis – DKA)
can occur with blood glucose levels as low as 250 mg/dL.**

Officer Observed Signs/Symptoms Include:

Strong Fruity Breath Odor (similar to alcoholic breath)	Confusion
Drowsiness	Rapid, Deep Breathing
Difficulty Waking Up	Flushed, Hot, Dry Skin
Vomiting	Blurry Vision
	Abdominal Pain

If possible, have person do a blood sugar check.

Treatment

CALL EMS



Wellmont Nurse Connection **1-877-230-NURSE** or wellmont.org

Visit www.MyDiabetesAlert.com for more information.