

Wellmont Health System developed the Diabetes Alert window sticker program in the Tri-Cities and is now working with your local hospital to bring it to your area. Your local hospital is partnering with area law enforcement agencies on a program to help identify individuals who may be having a diabetes / glycemic event while on area roadways.

The purpose of this program is to identify the possibility that the person being stopped is having a diabetic emergency. If the automobile in question has a diabetes window sticker, the police officer can confirm the person driving is the actual individual with diabetes by examining the prescription order sheet given to the individual by either their physician or a diabetes representative of your local hospital.

**Program overview:**

1. Prescription will be given to individual by their physician to get sticker at designated sites.
2. Sticker and duplicate copy of prescription will be given to the person with diabetes by local hospital diabetes professional.
3. Sticker to be placed on lower, inside left corner, of the driver's side rear window.
4. Persons with diabetes will have copy of prescription available if stopped by a law enforcement officer.

***Officer Pocket Card***

**Hypoglycemia (Low Blood Sugar) occurs when glucose levels read less than 70 mg/dL on the meter.**

Officer Observed Signs/Symptoms Include:

<b>Shaky</b>	<b>Blurry Vision</b>
<b>Nervous or Upset</b>	<b>Fast Heartbeat</b>
<b>Sweaty</b>	Hungry
<b>Dizzy or Confused</b>	Headache
<b>Anxious</b>	Weak or Tired (Sleepy)

If possible, have person do a blood sugar check.

Treatment (Choose one)

- 3 to 4 glucose tablets
- 3 to 5 hard candies (chewed quickly)
- 4 ounces of fruit juice
- 1/2 can (6 ounces) regular soda pop
- 7 Life Savers (chewed quickly)

Wait 15 minutes and recheck blood sugar; if still below 70 mg/dL, treat again.

**A hyperglycemic event (diabetic ketoacidosis – DKA) can occur with blood glucose levels as low as 250 mg/dL.**

Officer Observed Signs/Symptoms Include:

<b>Strong, Fruity Breath Odor (similar to alcoholic breath)</b>	<b>Confusion</b>
<b>Drowsiness</b>	<b>Rapid, Deep Breathing</b>
<b>Difficulty Waking Up</b>	<b>Flushed, Hot, Dry Skin</b>
<b>Vomiting</b>	<b>Blurry Vision</b>
	<b>Abdominal Pain</b>

If possible, have person do a blood sugar check.

Treatment

**CALL EMS**



Wellmont Nurse Connection 1-877-230-NURSE or wellmont.org

For more information, please visit [www.mydiabetesalert.com](http://www.mydiabetesalert.com).